

“Level Up” in Character!

Trustworthiness

Worthy of confidence, reliable

“Counting to 20” and “Trust Cars”

Trustworthiness is one of the most **important** qualities in life. It is the quality on which all relationships are built. We are designed to be in relationship with others, and **being** able to TRUST each other means that we can do more together.

These two games help students practice reliability and confidence, which are both important parts of TRUST.

Counting to 20

The objective of this game is to count to 20 in a group without having more than one person saying a number at a time. However everyone must be sitting in a circle with their eyes closed, and the order of who says what number **MUST** be random (not in order to the left or the right of the person saying the number). If two people say the number at the same time then you start all over again.

Trust Cars

Players, with a partner, stand one in front of the other. The person in front is required to close their eyes and ‘trust’ the person behind, who has their hands on the front persons shoulders and “steers” them as they move forward together. Meanwhile the leader is calling out commands such as 1st gear (walk) 2nd gear (faster walk) 3rd gear (slow jog) and so on up until 5th gear. To be difficult the leader can call out reverse gear at any time. The person in front trusts the person behind to steer them correctly whilst keeping their eyes closed – can be very scary if you’re the person in front!



“If you want to be trusted be honest, if you want to be honest be true, if you want to be true, be yourself.”

#GAMEON